

Aikido of Petaluma Beginners' Day!

Saturday, January 11th, 2020

You are cordially invited to our Beginners' Day Event!
Classes oriented to new students all day.
You will gain hands-on experience of our approach to Aikido,
T'ai Chi, and Energy work.

We will also feature demonstrations by our students, and
short videos of Aikido and T'ai Chi grand masters, and Robert
Nadeau, who created the Energy Process Work we practice.

AikidoPetaluma.com
(707) 410-9732

620 Petaluma Blvd. North
Petaluma, CA 94952

FREE!

JOIN US FOR ONE CLASS,
TWO, OR ALL THREE!

9:30 – 10:00

ENERGY PROCESS CLASS

10:15 - 11:15

YANG STYLE T'AI CHI

11:30 – 1:00

AIKIDO

CHILDREN ARE WELCOME
TO JOIN THEIR PARENTS IN CLASSES.



Scan here for details!

